

## Phonics Sounds and Actions

### PHASE 2

|             | Action and Saying   | Example Words                          |
|-------------|---|--|
| <b>s</b>    | Saying: s, s, snake<br>Action: Create a wave with stretched out arms.   | Snake, sake, seed, slime, sun, sitting |
| <b>a</b>    | Saying: a, a, achoo<br>Action: Tap your nose twice and pretend to sneeze.   | Apple, at, any, angry, axe             |
| <b>t</b>    | Saying: t, t, tip tap<br>Action: Tap your foot from side to side.   | Tipping, tap, Tom, time, tickle        |
| <b>p</b>    | Saying: p, p, pirate Pete<br>Action: Pretend to pop bubbles with your index finger.   | Pirate, parrot, pants, piano, plant    |
| <b>i</b>    | Saying: i, i, incy wincy<br>Action: Create a drainpipe with one arm and with the other create a spider crawling up the drain. | Igloo, ink, interest                   |
| <b>n</b>    | Saying: n, n, nee nor<br>Action: Put a clenched fist on your forehead and open and close your hand.                           | Nest, not, nurse, nanny, nail          |
| <b>m</b>    | Saying: m, m, munch munch<br>Action: Holding a sandwich, bring hands closer to mouth every time you say 'munch'.              | Milk, mop, mouse, much, mill           |
| <b>d</b>    | Saying: d, d, dig<br>Action: Pretend to dig a hole with a spade.  | Dave, dive, dog, drum, dinosaur        |
| <b>g</b>    | Saying: g, g, Gruff the Grump<br>Action: Put clenched fists under your chin whilst looking grumpy.                            | Grumpy, grass, goat, gate, girl        |
| <b>o</b>    | Saying: o, o, octopus socktopus<br>Action: Link thumbs and wiggle your fingers to make octopus legs.                          | Ox, on, otter, orange                  |
| <b>c</b>    | Saying: c, c, crunching caterpillar<br>Action: Make a c with your hand, moving your fingers to make a mouth.                  | Carrot, cat, car, calm, crisp          |
| <b>k</b>    | Saying: k, k, ketchup<br>Action: Pretend to hold a bottle of ketchup and tap its bottom.                                      | Keep, kind, kitchen, Ken               |
| <b>ck</b>   | Saying: ck, ck, click clack<br>Action: Pretend to type on a typewriter.   | Duck, click, sock, pick, clock         |
| <b>e</b>    | Saying: e, e, egg drop<br>Action: Balance an egg and twist your wrist, pretending to drop the egg.                            | Elf, elephant, egg, exit               |
| <b>u</b>    | Saying: u, u, underpants<br>Action: Pretend to struggle to pull up your pants from your ankles.                               | Up, ugly, unlock, umbrella             |
| <b>r</b>    | Saying: r, r, ROAR!<br>Action: Touch throat with one hand and stretch arms behind your back to make a dinosaur spine.         | Roar, rabbit, river, rose              |
| <b>h</b>    | Saying: h, h, I want my hat<br>Action: Pull a hat off your head and use it as a fan.  | Hop, hat, happy, hiss, hello           |
| <b>b</b>    | Saying: b, b, baby brains<br>Action: Squeezing action, opening and closing hands by the side of your head.                    | Ball, bounce, born, baby               |
| <b>f/ff</b> | Saying: f, f, foggy forest<br>Action: Circle hands in front of face in a large circle motion.                                 | Foggy, fairy, puff, huff, fluff        |
| <b>l/ll</b> | Saying: l, l, lazy ladybird<br>Action: Stretch arms in large circles as though you are waking up.                             | Lazy, lick, ladybird, bell, sell       |
| <b>ss</b>   | Saying: ss, ss, the kiss that missed<br>Action: Blow a kiss and create an s shape with your finger.                           | Kiss, miss, hiss, fuss, less           |

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## PHASE 3

|           | Action and Saying   | Example Words                     |
|-----------|---|-----------------------------------|
| j         | Saying: j, j, jiggle jelly<br>Action: Shake your whole body like a jelly.   | Jelly, joy, jam, jug, jiggle      |
| v         | Saying: v, v, vroom vroom<br>Action: Steer an imaginary steering wheel.   | Van, vest, vase, visit            |
| w         | Saying: w, w, whiffy Wilson<br>Action: Wave your hand in front of your nose.  | Wolf, wash, whale, wheel          |
| x         | Saying: x, x, box of tricks<br>Action: Cross arms into an x shape.  | Box, fox, mix, taxi, six          |
| y         | Saying: y, y, yeti<br>Action: create a Y shape with your arms and body  | Yellow, yuck, yawn, yummy         |
| z /<br>zz | Saying: z, z, don't wake the monsters<br>Action: Create a z in the air, then fall asleep resting on your hands.         | Zoo, zip, zebra, buzz, fuzz, jazz |
| qu        | Saying: qu, qu, quiet for the queen<br>Action: Place hand across chest, bow head and whisper 'qu, quiet for the queen'. | Quiet, quiz, liquid, quick        |
| ch        | Saying: ch, ch, chick chick chicken<br>Action: Make arms into wings, then flap up and down like a chicken.              | Chin, chest, chop, cheap, chuckle |
| sh        | Saying: sh, sh, we have a plan<br>Action: hold finger to lips to say "sh", then beckon using a whispering voice.        | Shell, shop, share, fish, wish    |
| th        | Saying: th, th, this way, that way<br>Action: Stretch out your arms and rock your body side to side.                    | Think, them, thick, then, with    |
| ng        | Saying: ng, ng, Ching's ring<br>Action: Pretend a ring is on your finger and try to pull it off.                        | Ring, bling, king, sing, long     |
| ai        | Saying: ai, ai, snail trail<br>Action: Use index fingers to create antennae and pretend to pop out of your shell.       | Trail, sail, wait, snail          |
| ee        | Saying: ee, ee, what shall I see?<br>Action: Make binoculars with hands by touching fingertips together.                | Feet, deep, see, sheep, feel      |
| igh       | Saying: igh, igh, my pants are tight<br>Action: Pretend to stretch your waistband, in and out.                          | Tight, fright, right, tonight     |
| oa        | Saying: oa, oa, go for goal<br>Action: Clap hands twice, then stretch arms up as if celebrating, shaking them twice.    | Goat, coat, foal, road, loaf      |
| oo        | Saying: oo, oo, zoom to the moon<br>Action: Crouch down with fingers touching above head, then stretch like a rocket.   | Zoom, boom, food, zoo, cool       |
| oo        | Saying: oo, oo, I like books<br>Action: Scratch armpits and pretend to be a monkey.                                     | Look, book, hood, wool, cook      |
| ar        | Saying: ar, ar, shark in the park<br>Action: Place a straight hand on top of your head to create a fin.                 | Bark, shark, market, card, dark   |
| or        | Saying: or, or, worn and torn<br>Action: Pretend to tear a piece of material.   | Fort, cord, born, torn, fork      |
| ur        | Saying: ur, ur, churn the curd<br>Action: Mix a spoon around a bowl.  | Fur, surf, turn, churn, turnip    |
| oi        | Saying: oi, oi, get off out train<br>Action: Cup your mouth with one hand, then shake thumb as if hitchhiking.          | Join, coil, coin, foil, boil      |
| ow        | Saying: ow, ow, meow said the cow<br>Action: Place thumbs on both sides of your head and stick out your little finger.  | Down, bow, now, towel, cow        |

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| <b>ear</b> | Saying: ear, ear, oh dear, never fear<br>Action: Place a hand over your mouth to look surprised, then shake your index finger. | Hear, gear, beard, fear             |
| <b>air</b> | Saying: air, air, fair hair<br>Action: Pretend to comb your hair.  | Chair, lair, fair, air, hair        |
| <b>ure</b> | Saying: ure, ure, cure with manure<br>Action: Pretend to pick up a handful of manure, then sprinkle.                           | Pure, cure, sure, assure,<br>manure |
| <b>er</b>  | Saying: er, er, what's for dinner?<br>Action: Point finger to side of your head, hold out an arm and shrug.                    | Boxer, letter, hammer, supper       |

# Phonics Sounds and Actions

## PHASE 5

|            | Action and Saying  | Example Words                           |
|------------|--|---|
| <b>ir</b>  | Saying: ir, ir, girl with a curl<br>Action: Twirl a curl around your index finger.                                   | Curl, twirl, birth, thirteen, skirt     |
| <b>ay</b>  | Saying: ay, ay, play all day<br>Action: Make a pencil with a straight arm and finger, and wiggle it 3 times.         | Clay, day, play, stray, crayon          |
| <b>a-e</b> | Saying: a-e, a-e, cave man Dave<br>Action: Create a 'rock star' hand by pointing index and little finger.            | Dave, brave, behave, shave.             |
| <b>ea</b>  | Saying: ea, ea, eat your peas<br>Action: Holding a knife and fork, life each hand towards your mouth.                | Eat, read, treat, please, heap          |
| <b>i-e</b> | Saying: i-e, i-e, yikes! Ride my bike.<br>Action: Pretend to hold handlebars on a wobbly bike.                       | Bike, prize, slide, hike, shine, yikes. |
| <b>ow</b>  | Saying: ow, ow, row your boat slow<br>Action: pretend to row a boat, stretching your arms forwards and backwards.    | Glow, bowl, snow, show, window          |
| <b>o-e</b> | Saying: o-e, o-e, mole in a hole<br>Action: Dig yourself out of a hole, travelling upwards with your hands.          | Mole, stone, woke, note, home           |
| <b>ew</b>  | Saying: ew, ew, stew and a brew<br>Action: Dig a fork into a piece of stew and drink from a cup.                     | Stew, flew, new, nephew, pew            |
| <b>u-e</b> | Saying: u-e, u-e, toot your flute<br>Action: Pretend to play the flute.  | Rude, June, tube, huge, flute           |
| <b>aw</b>  | Saying: aw, aw, saw you yawn<br>Action: Wave hand back and forwards, in front of your mouth pretending to yawn.      | Yawn, saw, lawn, dawn, claws            |
| <b>ou</b>  | Saying: ou, ou, look out, bears about!<br>Action: Place hands above eyes to create a shade.                          | Scout, out, shout, proud, sound.        |
| <b>oy</b>  | Saying: oy, oy, joy of a toy<br>Action: Hold hands out to the side and shake to create jazz hands.                   | Joy, enjoy, boy, destroy, royal         |
| <b>are</b> | Saying: are, are, dare to find the bear<br>Action: Tip toe forwards, then turn into a bear with arms over your head. | Dare, care, hare, scare, share          |
| <b>ie</b>  | Saying: ie, ie, tighten my tie<br>Action: Pretend to tighten a tie around your neck.                                 | Pie, lie, cried, tie, replied           |
| <b>oe</b>  | Saying: oe, oe, hoe on your toe<br>Action: Pretend to dig with a hoe, then point to your toe.                        | Joe, toe, heroes, doe, tomatoes         |
| <b>au</b>  | Saying: au, au, Paul's August ball<br>Action: Pretend to waltz with a partner.                                       | Haunt, fraud, author, naughty           |
| <b>ue</b>  | Saying: ue, ue, I feel blue<br>Action: Pretend to cry.   | Clue, due, venue, pursue, issue         |
| <b>wh</b>  | Saying: wh, wh, where are you, Whiffy Wilson?<br>Action: Shrug your shoulders, then wave hand in front of nose.      | Why, whisper, what, which, white        |
| <b>ph</b>  | Saying: Phonic Fairy's alphabet<br>Action: Dance like a fairy.   | Trophy, nephew, orphan, pamphlet        |
| <b>e-e</b> | Saying: e-e, e-e, Eve and Steve, eat your peas<br>Action: Pretend to point to Eve and Steve alternatively.           | Delete, even, Chinese, extreme          |
| <b>ey</b>  | Saying: ey, ey, Daisy's Hokey Cokey<br>Action: Clasp hands together and rock from side to side.                      | Barley, turkey, honey, kidney           |