

Phonics Sounds and Actions

PHASE 2

| | Action and Saying | Example Words |
|-------------|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|
| s | Saying: s, s, snake Action: Create a wave with stretched out arms. | Snake, sake, seed, slime, sun, sitting |
| a | Saying: a, a, achoo Action: Tap your nose twice and pretend to sneeze. | Apple, at, any, angry, axe |
| t | Saying: t, t, tip tap Action: Tap your foot from side to side. | Tipping, tap, Tom, time, tickle |
| p | Saying: p, p, pirate Pete Action: Pretend to pop bubbles with your index finger. | Pirate, parrot, pants, piano, plant |
| i | Saying: i, i, incy wincy Action: Create a drainpipe with one arm and with the other create a spider crawling up the drain. | Igloo, ink, interest |
| n | Saying: n, n, nee nor Action: Put a clenched fist on your forehead and open and close your hand. | Nest, not, nurse, nanny, nail |
| m | Saying: m, m, munch munch Action: Holding a sandwich, bring hands closer to mouth every time you say 'munch'. | Milk, mop, mouse, much, mill |
| d | Saying: d, d, dig Action: Pretend to dig a hole with a spade. | Dave, dive, dog, drum, dinosaur |
| g | Saying: g, g, Gruff the Grump Action: Put clenched fists under your chin whilst looking grumpy. | Grumpy, grass, goat, gate, girl |
| o | Saying: o, o, octopus socktopus Action: Link thumbs and wiggle your fingers to make octopus legs. | Ox, on, otter, orange |
| c | Saying: c, c, crunching caterpillar Action: Make a c with your hand, moving your fingers to make a mouth. | Carrot, cat, car, calm, crisp |
| k | Saying: k, k, ketchup Action: Pretend to hold a bottle of ketchup and tap its bottom. | Keep, kind, kitchen, Ken |
| ck | Saying: ck, ck, click clack Action: Pretend to type on a typewriter. | Duck, click, sock, pick, clock |
| e | Saying: e, e, egg drop Action: Balance an egg and twist your wrist, pretending to drop the egg. | Elf, elephant, egg, exit |
| u | Saying: u, u, underpants Action: Pretend to struggle to pull up your pants from your ankles. | Up, ugly, unlock, umbrella |
| r | Saying: r, r, ROAR! Action: Touch throat with one hand and stretch arms behind your back to make a dinosaur spine. | Roar, rabbit, river, rose |
| h | Saying: h, h, I want my hat Action: Pull a hat off your head and use it as a fan. | Hop, hat, happy, hiss, hello |
| b | Saying: b, b, baby brains Action: Squeezing action, opening and closing hands by the side of your head. | Ball, bounce, born, baby |
| f/ff | Saying: f, f, foggy forest Action: Circle hands in front of face in a large circle motion. | Foggy, fairy, puff, huff, fluff |
| l/ll | Saying: l, l, lazy ladybird Action: Stretch arms in large circles as though you are waking up. | Lazy, lick, ladybird, bell, sell |
| ss | Saying: ss, ss, the kiss that missed Action: Blow a kiss and create an s shape with your finger. | Kiss, miss, hiss, fuss, less |

Phonics Sounds and Actions

PHASE 3

| | Action and Saying | Example Words |
|-----------|-------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
| j | Saying: j, j, jiggle jelly Action: Shake your whole body like a jelly. | Jelly, joy, jam, jug, jiggle |
| v | Saying: v, v, vroom vroom Action: Steer an imaginary steering wheel. | Van, vest, vase, visit |
| w | Saying: w, w, whiffy Wilson Action: Wave your hand in front of your nose. | Wolf, wash, whale, wheel |
| x | Saying: x, x, box of tricks Action: Cross arms into an x shape. | Box, fox, mix, taxi, six |
| y | Saying: y, y, yeti Action: create a Y shape with your arms and body | Yellow, yuck, yawn, yummy |
| z / zz | Saying: z, z, don't wake the monsters Action: Create a z in the air, then fall asleep resting on your hands. | Zoo, zip, zebra, buzz, fuzz, jazz |
| qu | Saying: qu, qu, quiet for the queen Action: Place hand across chest, bow head and whisper 'qu, quiet for the queen'. | Quiet, quiz, liquid, quick |
| ch | Saying: ch, ch, chick chick chicken Action: Make arms into wings, then flap up and down like a chicken. | Chin, chest, chop, cheap, chuckle |
| sh | Saying: sh, sh, we have a plan Action: hold finger to lips to say "sh", then beckon using a whispering voice. | Shell, shop, share, fish, wish |
| th | Saying: th, th, this way, that way Action: Stretch out your arms and rock your body side to side. | Think, them, thick, then, with |
| ng | Saying: ng, ng, Ching's ring Action: Pretend a ring is on your finger and try to pull it off. | Ring, bling, king, sing, long |
| ai | Saying: ai, ai, snail trail Action: Use index fingers to create antennae and pretend to pop out of your shell. | Trail, sail, wait, snail |
| ee | Saying: ee, ee, what shall I see? Action: Make binoculars with hands by touching fingertips together. | Feet, deep, see, sheep, feel |
| igh | Saying: igh, igh, my pants are tight Action: Pretend to stretch your waistband, in and out. | Tight, fright, right, tonight |
| oa | Saying: oa, oa, go for goal Action: Clap hands twice, then stretch arms up as if celebrating, shaking them twice. | Goat, coat, foal, road, loaf |
| oo | Saying: oo, oo, zoom to the moon Action: Crouch down with fingers touching above head, then stretch like a rocket. | Zoom, boom, food, zoo, cool |
| oo | Saying: oo, oo, I like books Action: Scratch armpits and pretend to be a monkey. | Look, book, hood, wool, cook |
| ar | Saying: ar, ar, shark in the park Action: Place a straight hand on top of your head to create a fin. | Bark, shark, market, card, dark |
| or | Saying: or, or, worn and torn Action: Pretend to tear a piece of material. | Fort, cord, born, torn, fork |
| ur | Saying: ur, ur, churn the curd Action: Mix a spoon around a bowl. | Fur, surf, turn, churn, turnip |
| oi | Saying: oi, oi, get off out train Action: Cup your mouth with one hand, then shake thumb as if hitchhiking. | Join, coil, coin, foil, boil |
| ow | Saying: ow, ow, meow said the cow Action: Place thumbs on both sides of your head and stick out your little finger. | Down, bow, now, towel, cow |

| | | |
|------------|--------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|
| ear | Saying: ear, ear, oh dear, never fear Action: Place a hand over your mouth to look surprised, then shake your index finger. | Hear, gear, beard, fear |
| air | Saying: air, air, fair hair Action: Pretend to comb your hair. | Chair, lair, fair, air, hair |
| ure | Saying: ure, ure, cure with manure Action: Pretend to pick up a handful of manure, then sprinkle. | Pure, cure, sure, assure, manure |
| er | Saying: er, er, what's for dinner? Action: Point finger to side of your head, hold out an arm and shrug. | Boxer, letter, hammer, supper |

Phonics Sounds and Actions

PHASE 5

| | Action and Saying | Example Words |
|------------|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------|
| ir | Saying: ir, ir, girl with a curl Action: Twirl a curl around your index finger. | Curl, twirl, birth, thirteen, skirt |
| ay | Saying: ay, ay, play all day Action: Make a pencil with a straight arm and finger, and wiggle it 3 times. | Clay, day, play, stray, crayon |
| a-e | Saying: a-e, a-e, cave man Dave Action: Create a 'rock star' hand by pointing index and little finger. | Dave, brave, behave, shave. |
| ea | Saying: ea, ea, eat your peas Action: Holding a knife and fork, life each hand towards your mouth. | Eat, read, treat, please, heap |
| i-e | Saying: i-e, i-e, yikes! Ride my bike. Action: Pretend to hold handlebars on a wobbly bike. | Bike, prize, slide, hike, shine, yikes. |
| ow | Saying: ow, ow, row your boat slow Action: pretend to row a boat, stretching your arms forwards and backwards. | Glow, bowl, snow, show, window |
| o-e | Saying: o-e, o-e, mole in a hole Action: Dig yourself out of a hole, travelling upwards with your hands. | Mole, stone, woke, note, home |
| ew | Saying: ew, ew, stew and a brew Action: Dig a fork into a piece of stew and drink from a cup. | Stew, flew, new, nephew, pew |
| u-e | Saying: u-e, u-e, toot your flute Action: Pretend to play the flute. | Rude, June, tube, huge, flute |
| aw | Saying: aw, aw, saw you yawn Action: Wave hand back and forwards, in front of your mouth pretending to yawn. | Yawn, saw, lawn, dawn, claws |
| ou | Saying: ou, ou, look out, bears about! Action: Place hands above eyes to create a shade. | Scout, out, shout, proud, sound. |
| oy | Saying: oy, oy, joy of a toy Action: Hold hands out to the side and shake to create jazz hands. | Joy, enjoy, boy, destroy, royal |
| are | Saying: are, are, dare to find the bear Action: Tip toe forwards, then turn into a bear with arms over your head. | Dare, care, hare, scare, share |
| ie | Saying: ie, ie, tighten my tie Action: Pretend to tighten a tie around your neck. | Pie, lie, cried, tie, replied |
| oe | Saying: oe, oe, hoe on your toe Action: Pretend to dig with a hoe, then point to your toe. | Joe, toe, heroes, doe, tomatoes |
| au | Saying: au, au, Paul's August ball Action: Pretend to waltz with a partner. | Haunt, fraud, author, naughty |
| ue | Saying: ue, ue, I feel blue Action: Pretend to cry. | Clue, due, venue, pursue, issue |
| wh | Saying: wh, wh, where are you, Whiffy Wilson? Action: Shrug your shoulders, then wave hand in front of nose. | Why, whisper, what, which, white |
| ph | Saying: Phonic Fairy's alphabet Action: Dance like a fairy. | Trophy, nephew, orphan, pamphlet |
| e-e | Saying: e-e, e-e, Eve and Steve, eat your peas Action: Pretend to point to Eve and Steve alternatively. | Delete, even, Chinese, extreme |
| ey | Saying: ey, ey, Daisy's Hokey Cokey Action: Clasp hands together and rock from side to side. | Barley, turkey, honey, kidney |