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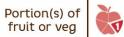






WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
Vegetarian (Suitable for Halal)	Cheese & Tomato Pizza & Potato Wedges	Homemade Macaroni Cheese & Garlic Bread	Quorn Sausage Casserole in a Yorkshire Pudding	Cheese & Onion Pastry Roll & Skin on Baked Wedges	Mediterranean Vegetable Pasta Bake			
Option Two	Loaded Potato Wedges	Smoky BBQ Chicken Meatball & Rice	Filled Yorkshire Pudding with Savoury Beef & Roast Potatoes	Chicken Sausages & Skin on Baked Wedges	Cod Fish Fingers & Chips			
Vegetables	Baked Beans, Sweetcorn	Peas, Cauliflower	Carrots, Seasonal Greens	Green Beans, Sweetcorn	Baked Beans, Peas			
Sandwiches	Freshly Made Sandwich with Cheddar, Ham							
Baked Jacket Potatoes	Jacket Potato Cheese or Beans	Jacket Potato Cheese or Beans Tuna Mayonnaise	Jacket Potato Cheese or Beans	Jacket Potato Cheese or Beans Tuna Mayonnaise	Jacket Potato Cheese & Beans			
Dessert	Homemade Apple Sponge Cake	Oaty Flapjack Finger	Homemade Vanilla Sponge & Custard	Fruity Strawberry Jelly & Mandarin Segments	Chocolate Shortbread			

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt







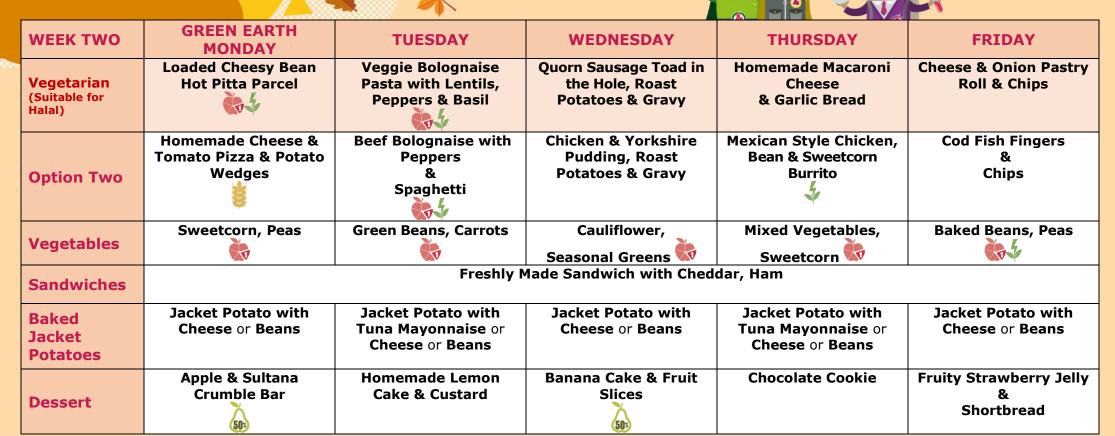












Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt















A FORCE FOR FOO





W	EEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
	egetarian Suitable for Halal)	Homemade Cheese & Tomato Pizza & Potato Wedges	Veggie Cottage Pie	Quorn Sausage, Roast Potatoes & Gravy	Homemade Macaroni Cheese & Garlic Bread	Cheese & Onion Pastry Roll & Chips		
C	Option Two	Quorn Sausage & Bean Loaded Hot Pockets	Smoky Barbeque Chicken & Sweetcorn Meatballs & Rice	Roast Chicken, Roast Potatoes & Gravy	Beef Mince Chilli & Rice	Cod Fish Fingers & Chips		
V	egetables	Sweetcorn, Cauliflower	Mixed Vegetables, Peas	Seasonal Greens, Carrots	Green Beans, Cauliflower	Baked Beans, Peas		
S	andwiches	Freshly Made Sandwich with Cheddar, Ham						
	aked Jacket otatoes	Jacket Potato with Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Cheese or Beans		
D	essert	Chocolate Banana Cake	Oaty Flapjack Finger with Fruit	Homemade Chocolate Sponge & Custard	Citrusy Lemon Drizzle Cake	Shortbread & Mandarin Pieces		

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt











