

PE in our schools

Curriculum Drivers

Ambitious: We will support children to reach their full potential in all aspects of PE and enable the children to exceed in areas they are already proficient in. We encourage the children to be ambitious through use of resources, high quality teaching, promoting high self esteem and a strong attitude for learning.

Inclusive: We support all children regardless of their ability to access and fully engage in all aspects of PE. We do this through differentiation of objectives, expectations and a variety of resources. We provide additional opportunities outside of the lessons for children to increase their physical activity, social skills and mental well-being.

Knowledge Rich: We use Get Set 4 PE to ensure our lessons are coherently sequenced and provide a skills-based curriculum. We provide lots of opportunities for basic skills to be built on appropriately, both physically and through physical literacy.

Fluent: We motivate children to take ownership of their physical development and proficiency to enable their gross and fine motor skills to become cohesive and embedded. This enables them to build their skills upon a solid foundation of physical movement.

Sequencing of content

Our curriculum is informed by Get Set 4 PE. The basis of this scheme is a skills-based curriculum. We use different sports to help expose children to new experiences and teach them new game rules and to build on their existing physical competence by applying previously learned skills. We have thought carefully about how we can extend pupils physical development through active play and have plans and resources available to enable all staff to support children with this.

Diversity

In PE we expose children to a wide variety of basic skills and resources. We are conscious that we have a diverse cohort of children and aim to reflect our children's reality but also give them exposure to a wider choice of physical activities.

Big Ideas:

Active lifestyles- For children to enjoy PE lessons but also want to be active during playtimes and whilst at home.

Enjoyment—We want enjoyment of activity to be in everyday lives. We want to offer a wide range of activities to encourage children to find an activity they are passionate about.

Skills based- We want the children to understand that gross and fine motor skills once embedded are the foundations from which future skills will develop.

Retrieval practice

We understand that children need to build on previous skills and physical literacy in order to make sense of new learning and build upon it. Our planning sequences ensure that we recap and reinforce previously taught skills. During our lessons, we give the children opportunity to reflect on their prior learning. We encourage children to transfer the skills learnt in PE into their everyday lifestyles.