

Date	Lesson number	Learning outcomes
w/c 4 <sup>th</sup> September 2023 1 X PATHS lesson	1	Can I set rules? Can I say why it is important to follow rules?
w/c 11 <sup>th</sup> September 2023 1 X PATHS lesson	3	Can I understand what a compliment is? Can I say how I feel when I receive a compliment? Do I know what to say when I receive a compliment?
w/c 18 <sup>th</sup> September 2023 1 X PATHS lesson	5	Can I understand what a feeling is? Can I understand that I can experience more than one feeling at a time?
w/c 25 <sup>th</sup> September 2023 1 X RSHE lesson	RSE solutions resources pack, Year 2, Lesson 4.	Can I know that I am uniquely special? Can I know that there are lots of different types of families? Can I understand that there are many different types of positive love?
w/c 2 <sup>nd</sup> October 2023 1 X PATHS lesson	36 (6?)	Can I listen to others? Can I problem solve?
w/c 9 <sup>th</sup> October 2023	7	Can I understand the feelings fine, excited and tired? Can I discuss that everyone has the same kinds of feelings?

1 X PATHs lesson		
w/c 16 <sup>th</sup> October 2023 1 X RSHE lesson	Health and Safety week	NSPCC PANTS lesson <a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/</a>
w/c 30 <sup>th</sup> October 2023 1 X RSHE lesson	RSE Solutions Resources pack, Year 2, Lesson 6.	Can I say what a secret is? Can I say what a surprise is? Can I tell someone if I am asked to keep something a secret that makes me feel uncomfortable, worried or afraid?
w/c 6 <sup>th</sup> November 2023 1 X PATHs lesson	9	Can I understand the feelings scared/afraid and safe?
w/c 13 <sup>th</sup> November 2023 1 X PATHs lesson	11	Can I explore what I can do if I am cross? Can I think before I act?
w/c 20 <sup>th</sup> November 2023 1 X PATHs lesson	28	Can I understand what embarrassed means?
w/c 27 <sup>th</sup> November 2023 1 X PATHs lesson	37	Can I discuss the importance of sharing and negotiation in solving conflicts? Can I discuss the importance of listening to other people's opinions?

w/c 4 <sup>th</sup> December 2023 1 X PATHs lesson	13	Can I understand how to calm down? Can I discuss the red light?
w/c 11 <sup>th</sup> December 2023 1 X PATHs lesson	15	Can I use the 3 steps for calming down?
w/c 8 <sup>th</sup> January 2024 1 X PATHs lesson	16	Can I understand the concepts of calm and relaxed? Can I practise relaxation?
w/c 15 <sup>th</sup> January 2024 1 X PATHs lesson	17	Can I know what to do after I calm down? Can I understand the control signals poster?
w/c 22 <sup>nd</sup> January 2024 1 X RSHE lesson	RSE Solutions resources pack, Year 2, Lesson 1.	Can I consider my self esteem? Can I recognise and celebrate my strengths? Can I set a goal for myself? <a href="https://www.bing.com/videos/search?q=will.i.am+sings+sesame+street+what+I+am&amp;qpv=will.i.am+sings+sesame+street+what+I+am&amp;FORM=VDRE">https://www.bing.com/videos/search?q=will.i.am+sings+sesame+street+what+I+am&amp;qpv=will.i.am+sings+sesame+street+what+I+am&amp;FORM=VDRE</a>
w/c 29 <sup>th</sup> January 2024 1 X PATHs lesson	18	Can I practise a problem using the Control Signals Poster?

w/c 5 <sup>th</sup> February 2024 1 X RSHE lesson	Episode 3, playing games, section 1 and 2	Can I identify what personal information is and the importance of not sharing this? Can I recognise different feelings I might encounter online and how my body might tell me something 'doesn't feel right'? <a href="https://www.thinkuknow.co.uk/parents/jessie-and-friends-videos/">https://www.thinkuknow.co.uk/parents/jessie-and-friends-videos/</a>
w/c 12 <sup>th</sup> February 2024 1 X PATHs lesson	20	Can I understand the surprised and expect concepts? Can I understand the differences between thoughts and feelings?
w/c 26 <sup>th</sup> February 2024 1 X RSHE lesson	RSE Solutions resources pack, Year 2, Lesson 5.	Can I know that there are different types of touch? Can I understand that people need different types of space? Can I understand that some touches are unsafe and know how to respond to these?
w/c 4 <sup>th</sup> March 2024 1 X RSHE lesson	RSE Solutions resources pack, Year 2, Lesson 2.	Can I say how a baby grows? Can I say how I have grown and changed? Can I say how I might change as I grow older?

w/c 11 <sup>th</sup> March 2024 1 X PATHS lesson	22	Can I understand the meaning of privacy? Can I explain when it is appropriate to keep my feelings private? Can I explain when it is appropriate to share my feelings?
w/c 18 <sup>th</sup> March 2024 1 X PATHS lesson	24	Can I understand the feeling lonely?
w/c 15 <sup>th</sup> April 2024 1 X RSHE lesson	RSE Solutions resources pack, Year 1, Lesson 5.	Can I say some ways that bacteria are spread? Can I say some ways I can protect myself and others from illness?
w/c 22 <sup>nd</sup> April 2024 1 X PATHS lesson	26	Can I understand the feeling shy?
29 <sup>th</sup> April 2024 1 X RSHE lesson	RSE Solutions resources pack, Year 2, Lesson 3.	Can I say what bullying is? Can I consider how bullying can make someone feel? Can I say what to do if I am bullied or someone else is bullied?

6 <sup>th</sup> May 2024 1 X PATHs lesson	30	Can I understand situations that happen by accident? Can I understand when something has been done on purpose?
13 <sup>th</sup> May 2024 1 X PATHs lesson	31	Can I understand the concepts of manners, polite, rude and nice?
20 <sup>th</sup> May 2024 1 X RSHE lesson	Change for life website	Can I say that some food and drink is healthy for my body? Can I use data to work out healthy choices? Can I explain why it is important to make healthy choices? ( <a href="https://campaignresources.phe.gov.uk/schools/resources/be-food-smart-ks1-toolkit">https://campaignresources.phe.gov.uk/schools/resources/be-food-smart-ks1-toolkit</a> )
w/c 3 <sup>rd</sup> June 2024 1 X PATHs lesson	32	Can I discuss why good manners are important? Can I understand how to say thank you and I'm sorry?
w/c 10 <sup>th</sup> June 2024 1 X RSHE lesson	British Red Cross – First Aid for Children.	Can I recognise when to get adult help? Can I say how to call 999 and what to say to the operator?
w/c 17 <sup>th</sup> June 2024 1 X PATHs lesson	34	Can I understand how to use my manners in a polite way?
w/c 24 <sup>th</sup> June 2024	Time used for trips, catching up on any missed lessons, outdoor learning week, transition week etc.	
w/c 4 <sup>th</sup> July 2022		

Life Skills Long Term Plan  
2023-2024  
PATHS Folder – Year 2

22 X PATHS sessions, 10 X RSHE sessions + NSPCC Pants day (Health and Safety Week)

w/c 11 <sup>th</sup> July 2022	
w/c 18 <sup>th</sup> July 2022	