

Curriculum Map KS2 at Watton Junior School; CYCLE A/ CYCLE B

This curriculum map is based on a skill-led model where no one sport takes precedence as the teaching time. The idea is that the term focuses on teaching the skills in the Can I statements through a range of sporting activities and games, helps to embed a greater knowledge of the vocabulary of P.E and encourages a healthy lifestyle. Links should be made when talking to the pupils to other sports that need these taught skills, which are not possible to be taught at school.

KS2 Y3,4,5,6 CYCLE A	AUTUMN	SPRING	SUMMER
	<i>Moving and Travelling</i>	<i>Balancing and Performing</i>	<i>Co-ordinating and Controlling</i>
<p>FIRST HALF OF TERM</p> <p>Key Stage One National Curriculum Objectives:</p>	<p><i>OAA – Y 5/6</i> <i>Fitness – Y 5/6</i> <i>Yoga – Y 5/6 - Backup</i></p> <p><i>Fundamentals - Y 3/4</i> <i>OAA – Y 3/4</i> <i>Fitness - Y 3/4</i> <i>Yoga – Y ¾ - Backup</i></p> <p><i>Pupils should be taught to use running and jumping in isolation and in combination.</i></p> <p><i>Pupils should be taught to develop flexibility, strength, technique, control and balance.</i></p> <p><i>Pupils should be taught to perform dances using a range of movement patterns.</i></p>	<p><i>Dance – Y5 or Y6</i> <i>Gymnastics – Y5 or Y6</i> <i>Yoga – Y5/6 - backup</i></p> <p><i>Dance – Y3 or Y4</i> <i>Gymnastics – Y3 or Y4</i> <i>Yoga – Y3/4 - backup</i></p> <p><i>(Expectation is that same lessons are not taught 2 years in a row, so for example cycle A gymnastics means cycle B dance)</i></p> <p><i>Pupils should be taught to develop flexibility, strength, technique, control and balance.</i></p> <p><i>Pupils should be taught to compare their performances with previous ones and demonstrate improvement to achieve their personal best.</i></p> <p><i>Pupils should be taught to perform dances using a range of movement patterns.</i></p>	<p><i>Athletics – 5/6</i> <i>Yoga – 5/6</i> <i>Football – 5/6</i> <i>Netball – 5/6</i> <i>Handball – 5/6</i> <i>Fitness – 5/6</i> <i>Basketball – 5/6</i></p> <p><i>Athletics – 3/4</i> <i>Yoga – ¾</i> <i>Football – ¾</i> <i>Netball – ¾</i> <i>Handball – ¾</i> <i>Fitness – ¾</i> <i>Basketball – 3/4</i></p> <p><i>Pupils should be taught to use running, jumping, throwing and catching in isolation and in combination.</i></p> <p><i>Pupils should be taught to play competitive games, modified where appropriate and apply basic principals suitable for attacking and defending.</i></p> <p><i>Pupils should be taught to develop flexibility, strength, technique, control and balance.</i></p>

	<i>Sending and Receiving</i>	<i>Attacking and Defending</i>	<i>Striking and Fielding</i>
<p>SECOND HALF OF TERM</p> <p>Key Stage One National Curriculum Objectives:</p>	<p>Basket Ball – 5/6 Dodgeball – 5/6 Netball – 5/6 Tag Rugby – 5/6 Yoga – 5/6 Fitness – 5/6</p> <p>Ball Skills – Y 3/4 Basket Ball – 3/4 Dodgeball – 3/4 Tag Rugby – ¾ Yoga – ¾ Fitness – ¾ (backup)</p> <p><i>Pupils should be taught to use throwing and catching in isolation and in combination. Pupils should be taught to compare their performances with previous ones and demonstrate improvement to achieve their personal best.</i></p>	<p>Football – 5/6 Hockey – 5/6 Tag Rugby – 5/6 Netball – 5/6 Basketball – 5/6 Handball – 5/6 Dodgeball – 5/6</p> <p>Football – 3/4 Hockey – 3/4 Tag Rugby – 3/4 Netball – 3/4 Basketball – 3/4 Handball – 3/4 Dodgeball – 3/4</p> <p><i>Pupils should be taught to play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. Pupils should be taught to take part in outdoor and adventurous activity challenges both individually and within a team.</i></p>	<p>Cricket – 5/6 Rounders – 5/6 Tri-Golf – 5/6 Tennis – 5 or 6</p> <p>Cricket – 3/4 Rounders – 3/4 Tri-Golf – 3/4 Tennis – 3 or 4</p> <p><i>Pupils should be taught to play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.</i></p>