

Curriculum Map KS1 at Watton Westfield; CYCLE A/ CYCLE B

This curriculum map is based on a skill-led model where no one sport takes precedence as the teaching time. The idea is that the term focuses on teaching the skills in the Can I statements through a range of sporting activities and games, helps to embed a greater knowledge of the vocabulary of P.E and encourages a healthy lifestyle. Links should be made when talking to the pupils to other sports that need these taught skills, which are not possible to be taught at school.

KS1 y1 + y2	CYCLE A	AUTUMN	SPRING	SUMMER
		<i>Moving and Travelling</i>	<i>Balancing and Performing</i>	<i>Attacking and Defending</i>
FIRST HALF OF TERM		<i>Playground Skills (2-4 lessons)</i> <i>Fundamentals Y1/2 GS4PE</i> <i>Pupils should develop fundamental movement skills.</i> <i>Pupils should be taught to master basic movements including running and jumping and begin to apply these in a range of activities.</i>	<i>Gymnastics Y1 GS4PE</i> <i>Pupils should be taught to master basic movements as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.</i> <i>Pupils should become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others.</i>	<i>Invasion Y1/2 GS4PE</i> <i>(Teach basic skills and variety of games)</i> <i>Pupils should be taught to participate in team games, developing simple tactics for attacking and defending. Pupils should be able to engage in competitive (both against self and others) and co-operative physical activities, in a range of increasingly challenging situations.</i>
		<i>Co-ordinating and Controlling</i>	<i>Sending and Receiving</i>	<i>Striking and Fielding</i>
SECOND HALF OF TERM		<i>Dance Y1 GS4PE</i> <i>Or Yoga Y1/2 GS4PE</i> <i>Pupils should be taught to perform dances using simple movements and patterns.</i> <i>Pupils should become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others.</i> <i>Pupils should be taught to master basic movements as well as developing balance, agility and co-ordination and begin to apply these in a range of activities.</i>	<i>Sending and Receiving Y1/2 GS4PE</i> <i>Or Fitness Y1/2 GS4PE</i> <i>Pupils should be taught to master basic movements including throwing and catching and begin to apply these in a range of activities.</i> <i>Pupils should be taught to participate in team games, developing simple tactics for attacking and defending.</i>	<i>Team Games</i> <i>(Teach Striking and Fielding basic skills and then choice of games)</i> <i>Athletics – skills for Sports Day (Fitness if bad weather)</i> <i>Pupils should be taught to participate in team games, developing simple tactics for attacking and defending. Pupils should be able to engage in competitive (both against self and others) and co-operative physical activities, in a range of increasingly challenging situations.</i>

KS1 y1 + y2	CYCLE B	AUTUMN	SPRING	SUMMER
		<i>Moving and Travelling / Sending and Receiving</i>	<i>Balancing and Performing</i>	<i>Attacking and Defending</i>
FIRST HALF OF TERM		<i>Playground Skills (2-4 sessions) + Ball Skills Y1/2</i> <i>GS4PE</i> <i>Pupils should develop fundamental movement skills.</i> <i>Pupils should be taught to master basic movements including running and jumping, catching and throwing and begin to apply these in a range of activities.</i> <i>Pupils should be taught to participate in team games, developing simple tactics for attacking and defending.</i>	<i>Gymnastics Y2</i> <i>GS4PE</i> <i>Pupils should be taught to master basic movements as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.</i> <i>Pupils should become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others.</i>	<i>Invasion Y1/2</i> <i>GS4PE</i> <i>(Teach basic skills and variety of games)</i> <i>Pupils should be taught to participate in team games, developing simple tactics for attacking and defending.</i> <i>Pupils should be able to engage in competitive (both against self and others) and co-operative physical activities, in a range of increasingly challenging situations.</i>
		<i>Co-ordinating and Controlling</i>	<i>Sending and Receiving / Moving and Travelling</i>	<i>Striking and Fielding</i>
SECOND HALF OF TERM		<i>Dance Y2</i> <i>GS4PE</i> <i>Or Yoga Y1/2</i> <i>GS4PE</i> <i>Pupils should be taught to perform dances using simple movements and patterns.</i> <i>Pupils should become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others and apply these in a range of activities.</i>	<i>Net and Wall Y1/2</i> <i>GS4PE</i> <i>Or Fitness Y1/2</i> <i>GS4PE</i> <i>Pupils should develop fundamental movement skills.</i> <i>Pupils should be taught to master basic movements including running and jumping, catching and throwing and begin to apply these in a range of activities.</i> <i>Pupils should be taught to participate in team games, developing simple tactics for attacking and defending.</i>	<i>Team Games</i> <i>(Teach Striking and Fielding basic skills and then choice of games)</i> <i>Athletics – skills for Sports Day</i> <i>(Fitness if bad weather)</i> <i>Pupils should be taught to participate in team games, developing simple tactics for attacking and defending.</i> <i>Pupils should be taught to master basic movements including running and jumping, catching and throwing and begin to apply these in a range of activities.</i>

