

Date	Lesson number	Learning outcomes
w/c 5 <sup>th</sup> September 2022 1 X PATHS lesson	2	Can I recall the problem solving steps? Can I explain what stress is?
w/c 12 <sup>th</sup> September 2022 1 X PATHS lesson	3	Can I use the problem solving chart? Can I discuss ways I can calm down and handle stress?
w/c 19 <sup>th</sup> September 2022 1 X PATHS lesson	4	Can I practise a breathing technique to calm down? Can I complete a problem diary?
w/c 26 <sup>th</sup> September 2022 1 X RSHE lesson	<a href="https://www.railwaychildren.org.uk/get-involved/communities/schools-and-youth-groups/resource-downloads/">https://www.railwaychildren.org.uk/get-involved/communities/schools-and-youth-groups/resource-downloads/</a>	Can I understand that not everyone enjoys safe and happy family relationships? Can I understand that running away from a family is risky? Can I list safe people and safe places if I need help or advice?
w/c 3rd October 2022 1 X PATHS lesson	5	Can I learn the skill of calming down? Can I understand how stress links to self-control? Can I write a list of ways to calm down?

w/c 10 <sup>th</sup> October 2022 1 X PATHs lesson	6	Can I talk about peer pressure? Can I understand the importance of individual decision making? Can I discuss strategies to resist peer pressure?
w/c 17 <sup>th</sup> October 2022 1 X RSHE lesson	Health and Safety week	NSPCC PANTS lesson (depending on time set) <a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/</a>
w/c 31 <sup>st</sup> October 2022 1 X RSHE lesson	Year 6, lesson 3	Can I understand the correct terms to describe gender and sexuality? Can I understand that treating someone unkindly because of their gender or sexuality is a type of bullying? Can I consider respectful ways to communicate about gender and sexuality?
w/c 7 <sup>th</sup> November 2022 1 X PATHs lesson	7	Can I discuss the importance of relying on others for help? Can I understand who I can ask for help?
w/c 14 <sup>th</sup> November 2022 1 X PATHs lesson	8	Can I understand the four parts to the study skills?
w/c 21 <sup>st</sup> November 2022 1 X PATHs lesson	9	Can I discuss reasons why it is difficult to pay attention? Can I understand a procedure to focus my attention?
w/c 28 <sup>th</sup> November 2022 1 X PATHs lesson	10	Can I understand why good listening is so important? Can I practise good listening skills?

w/c 5 <sup>th</sup> December 2022 1 X PATHs lesson	11	Can I discuss why people do things? Can I discuss factors that motivate success?
w/c 12 <sup>th</sup> December 2022 1 X PATHs lesson	12	Can I understand what SET is? Can I practise getting ready for a task?
w/c 9 <sup>th</sup> January 2023 1 X PATHs lesson	13	Can I generate ideas on how to be organised? Can I evaluate my skills?
w/c 16 <sup>th</sup> January 2023 1 X PATHs lesson	15	Can I understand what conflict is? Can I understand the different types of conflict? Can I understand escalation and de-escalation? Can I understand my own conflicts?
w/c 23 <sup>rd</sup> January 2023 1 X PATHs lesson	17	Can I understand the importance of negotiation? Can I understand different outcomes in conflict situations?
w/c 30 <sup>th</sup> January 2023 1 X PATHs lesson	16	Can I recognise factors that escalate conflict? Can I recognise friends who help me? Can I understand the conflict resolution process? Can I apologise after conflict?

<p>w/c 6<sup>th</sup> February 2023 1 X RSHE lesson</p>	<p>Year 6, lesson 2 This lesson needs two to spend quality time on</p>	<p>Can I name the sexual organs of a man and a woman? Can I explain how a man and woman have sexual intercourse? Can I understand how sexual intercourse can lead to reproduction?</p>
<p>w/c 20<sup>th</sup> February 2023 1 X RSHE lesson</p>	<p>Year 6, lesson 2 This lesson needs two to spend quality time on</p>	<p>Can I name the sexual organs of a man and a woman? Can I explain how a man and woman have sexual intercourse? Can I understand how sexual intercourse can lead to reproduction?</p>
<p>w/c 20<sup>th</sup> February 2023 1 X RSHE lesson</p>	<p>Year 6, lesson 5</p>	<p>Can I understand infections can be shared during sexual intercourse? Can I understand how easily infections spread? Can I explain the use of a condom for sexually transmitted infections?</p>
<p>w/c 27<sup>th</sup> February 2023 1 X RSHE lesson</p>	<p>Year 6, lesson 4</p>	<p>Can I understand that FGM is against the law? Can I understand that FGM is a form of abuse? Can I say how to support a friend who I am worried might be at risk of FGM?</p>
<p>w/c 6<sup>th</sup> March 2023 1 X RSHE lesson</p>	<p>Year 6, lesson 1</p>	<p>Can I recognise that images in the media, including online do not always reflect reality? Can I understand that unrealistic media messages can make people feel bad about themselves? Can I consider ways to feel positive about myself and celebrate my body?</p>

w/c 6 <sup>th</sup> March 2023	Mentor, lesson 6	Can I understand the laws that relate to drinking alcohol, smoking and taking drugs? Can I discuss attitudes towards alcohol, including how it is portrayed in society and the media?
w/c 13 <sup>th</sup> March 2023 1 X PATHs lesson	18	Can I learn the 5 steps for negotiating conflict? Can I identify them in different situations?
w/c 20 <sup>th</sup> March 2023 1 X PATHs lesson	19	Can I understand the difference between 'I' statements and 'You' statements.
w/c 20 <sup>th</sup> March 1 X RSHE lesson	Change for life, be food smart	Can I explain why too much salt is bad for you? Can I explain 5 a day and why fruit and vegetables are important to you? Can I select healthy alternatives to sugary foods?
w/c 27 <sup>th</sup> March 2023 1 X PATHs lesson	26 & 27	Can I work with others? Can I look at similarities and differences between cultures?
w/c 24 <sup>th</sup> April 2023 1 X PATHs lesson	26 & 27	Can I work with others? Can I look at similarities and differences between cultures?
w/c 1 <sup>st</sup> May 2023	Time used for SATS and well being activities for the children	
w/c 8 <sup>th</sup> May 2023		
w/c 15 <sup>th</sup> May 2023		

w/c 22 <sup>nd</sup> May 2023		
w/c 5 <sup>th</sup> June 2023 1 X RSHE lesson	Year 6, lesson 6	Can I consider a range of problems that may affect people of my age? Can I identify different sources of help, advice and support for a range of problems? Can I feel confident to ask for help and to help other people to ask for help if needed?
w/c 12 <sup>th</sup> June 2023 1 X PATHs lesson	28	Can I celebrate my own and others' achievements? Can I recognise that change can be challenging? Can I identify change and challenges in changing schools?
w/c 19 <sup>th</sup> June 2023 1 X PATHs lesson	29	Can I recognise that change can be challenging? Can I identify challenges in changing schools? Can I identify how I can cope with change? Can I express hopes and expectations for starting a new school?
w/c 26 <sup>th</sup> June 2023 1 X RSHE lesson	Think you know, level 2, session 2	Can I give examples of content which may be inappropriate to share online? Can I explain some of the possible consequences of sharing without consent?
w/c 3 <sup>rd</sup> July 2023 1 X PATHs lesson	30	Can I think of a significant PATHs memory? Can I share what is important to me? Can I record memories? Can I review concepts I have learned in PATHs?
w/c 10 <sup>th</sup> July 2023 1 X RSHE lesson	PSHE Association.	Can I describe what can impact on mental health and how mental wellbeing can be affected?

	YR 5/6, Lesson 2.	Can I recognise conflicting emotions and when these might be experienced, explaining how feelings and emotions change over time? Can I identify positive actions to support mental wellbeing during difficult times, including identifying my personal support network?
1 x RSHE lesson (can be moved if you do first aid at another time)	Basic first aid in school	Can I identify an emergency situation and know to keep myself safe? Can I help to give basic first aid in safe situations? Can I understand how to get help in an emergency?
w/c 17 <sup>th</sup> July 2023	Spare lesson	