

Date	Lesson number	Learning outcomes
w/c 2 <sup>nd</sup> September 2024 1 X PATHS lesson	1	Can I set rules? Can I say why it is important to follow rules?
w/c 9 <sup>th</sup> September 2024 British Values folder		Why do we have rules? Please link this session in with the previous week's – setting classroom rules and review how children are getting on following them.
w/c 9 <sup>th</sup> September 2024 1 X PATHS lesson	3	Can I understand what a compliment is? Can I say how I feel when I receive a compliment? Do I know what to say when I receive a compliment?
w/c 16 <sup>th</sup> September 2024 1 X PATHS lesson	5	Can I understand what a feeling is? Can I understand that I can experience more than one feeling at a time?
w/c 16 <sup>th</sup> September 2024 British Values folder		Introduction to British Values Activity – reflect on the questions on the slides and record children's voice in the life skills folder.
w/c 23 <sup>rd</sup> September 2024 1 X RSHE lesson		Can I identify the people that are special to me? Can I understand what makes people special to each other? Can I know how special people look after each other and show they care?
w/c 30 <sup>th</sup> September 2024	20	Can I understand positive feelings when I share? Can I identify sharing as a positive concept?

1 X PATHs lesson		Can I share something about myself?
w/c 7 <sup>th</sup> October 2024 1 X PATHs lesson	21	Can I understand positive feelings when I share? Can I think about the benefits of sharing? Can I think about difficulties that might happen if I do not share? Can I practice co-operative play?
w/c 14 <sup>th</sup> October 2024 1 X RSHE lesson	Health and Safety week	NSPCC PANTS lesson <a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/</a>
w/c 21 <sup>st</sup> October 2024 1 X RSHE lesson		Can I actively listen to other people? Can I consider ways to communicate effectively? Can I identify ways I can resolve disagreement through negotiation?
w/c 4 <sup>th</sup> November 2024 1 X PATHs lesson	22	Can I understand that I can have more than one friend? Can I include everyone in my play? Can I understand how others feel if they have been excluded? Can I feel happy that my friend is playing with someone else? Can I play with a variety of other children?
w/c 4 <sup>th</sup> November 2024 British Values folder		Democracy Please record children's voice from the powerpoint into the life skills folder, particularly the questions on the last slide.
w/c 11 <sup>th</sup> November 2024 1 X PATHs lesson	23	Can I give a compliment? Can I think of compliments that reflect my friendship with a friend?

w/c 18 <sup>th</sup> November 2024 1 X PATHs lesson	25	Can I listen to a story? Can I understand that when I am calm, I make better choices? Can I use Turtle in a problem situation?
w/c 25 <sup>th</sup> November 2024 1 X PATHs lesson	26	Can I distinguish between appropriate and inappropriate behaviours? Can I identify positive solutions to problems?
w/c 2 <sup>nd</sup> December 2024 1 X PATHs lesson	27	Can I practise strategies to solve problems involving my friends?
w/c 9 <sup>th</sup> December 2024 1 X PATHs lesson	28	Can I understand what comfortable means? Can I understand what uncomfortable means?
w/c 6 <sup>th</sup> January 2025 1 X PATHs lesson	30	Can I understand what excited means?
w/c 13 <sup>th</sup> January 2025 1 X PATHs lesson	31	Can I understand what tired means?
w/c 13 <sup>th</sup> January 2025 British Values folder		Respect and Tolerance On a star template, children to write how they are different e.g they wear glasses/ have curly hair/ live with just a Mum/Dad/Grandparents etc/ born in a different country/ speak a different language.

w/c 20th January 2025 1 X RSHE lesson		Can I understand ways in which I am the same as other people? Can I understand ways in which I am different to other people? Can I celebrate similarities and differences that people have?
w/c 27 <sup>th</sup> January 2025 1 X PATHs lesson	32	Can I understand what frustrated means?
w/c 3rd February 2025 1 X RSHE lesson		Can I explain what might happen if we share a picture? Can I identify the effect of people's actions online and consider ways of keeping myself and others safe? Can I recognise that I can be an up stander by choosing not to join in?
w/c 10 <sup>th</sup> February 2025 1 X PATHs lesson	33	Can I understand what proud means?
w/c 24 <sup>th</sup> February 2025 1 X RSHE lesson		Can I say who the people are that can help to look after me? Can I identify people I can ask for help if I need to? Can I feel confident to ask for help?
w/c 3 <sup>rd</sup> March 2025 1 X RSHE lesson		Can I correctly name the main parts of the body? Can I use scientific words to describe the private parts of a boy's body? Can I use scientific words to describe the private parts of a girl's body?
w/c 10 <sup>th</sup> March 2025 1 X PATHs lesson	34	Can I understand that love is continuous? Can I understand that people can feel love and anger at the same time? Can I know that if I imagine something, that doesn't make it real?

Life Skills Long Term Plan

2024-2025

PATHS Folder – Reception/Year 1

22 X PATHS sessions, 11 X RSHE sessions + NSPCC Pants day (Health and Safety Week)

w/c 17 <sup>th</sup> March 2025 1 X PATHS lesson	35	Can I listen and understand a story? Can I demonstrate self-control? Can I listen to a problem and help someone else?
w/c 17 <sup>th</sup> March 2025 1 X RSHE lesson		Can I describe my feelings? Can I understand that people can react differently to their feelings? Can I know that all feelings are ok but not all behaviours are ok?
w/c 24 <sup>th</sup> March 2025 1 X PATHS lesson	36	Can I listen to situations about disappointment? Can I demonstrate self-control? Can I listen to a problem and help someone else? Can I use the word disappointed to describe my feelings?
w/c 31 <sup>st</sup> March 2025 1 X PATHS lesson	37	Can I listen to and understand a story? Can I understand that some problems do not have immediate solutions? Can I understand what jealousy is?
w/c 28 <sup>th</sup> April 2025 British Values folder		Rule of Law Please record children's voice from the powerpoint into the life skills folder, particularly the discussion points on the slides.
w/c 5 <sup>th</sup> May 2025 1 X PATHS lesson	38	Can I listen to and understand a story? Can I learn that behaviours affect feelings? Can I judge a behaviour as OK or not OK?
w/c 12 <sup>th</sup> May 2025 1 X RSHE lesson		Can I understand how sugar can affect teeth? Can I name ways to keep teeth healthy?

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w/c 19 <sup>th</sup> May 2025 1 X RSHE lesson		Can I identify dangers by looking and listening? Can I decide if an area is safe? Can I help someone without risk to myself?
w/c 2 <sup>nd</sup> June 2025 1 X RSHE lesson		Can I know it is important to be physically active? Can I identify a type of physical activity that I enjoy?
w/c 9 <sup>th</sup> June 2025 1 X PATHs lesson	39	Can I listen to and understand a story? Can I discuss consequences for behaviours? Can I understand the concept of apologising? Can I think about solutions to correct a problem?
w/c 16 <sup>th</sup> June 2025 1 X PATHs lesson	40	Can I understand the idea of feeling generous?
w/c 23 <sup>rd</sup> June 2025 British Values folder		Liberty Please record children's voice from the powerpoint into the life skills folder, particularly the questions on the last slide.
w/c 30 <sup>th</sup> June 2025	Time used for trips, catching up on any missed lessons, outdoor learning week, transition week etc.	
w/c 7 <sup>th</sup> July 2025		
w/c 14 <sup>th</sup> July 2025		