















Spring / Summer Menu Week 3

28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov 2025

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Sweet & Sour Chicken Meatballs & Sunny Rice 	Beef Lasagne & Garlic Bread 	Roast Chicken, Gravy, Stuffing & Roast Potatoes 	Margherita Pizza & Mixed Salad 	MSC Fish Fingers & Chips
Main Meal Option 2	Cheesy Tomato Pasta Bake 	Chinese Sweet Chilli Quorn Stir Fry & Rice ^{VG} 	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Cheese Flan & Home-Baked Potato Wedges	Cheese & Onion Puff Pastry Roll
Vegetables	Carrot & Sweetcorn Mix 	Garden Peas 	Broccoli & Carrots 	Garden Peas & Sweetcorn Mix 	Garden Peas or Baked Beans 
Jacket Potato or Pasta	Jacket Potato with choice of either Cheesy Beans, Tuna Mayo, Beans or Cheese. Pasta with either Cheese or Tomato Sauce  				
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Dessert or Choice of Fresh Fruit	Strawberry Mousse	Chocolate Cookie	Vanilla Cupcake	Chocolate Crunch 'Concrete' ^{VG} & Chocolate sauce	Homemade Jam Sponge Cake

Portion(s) of
fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



Oily
fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.