Autumn / Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausages, Herby Potatoes with Sweetcorn & Baked Beans	Spaghetti Bolognese with Garden Peas & Carrots	Roast Chicken, Stuffing, Roast Potatoes and choice of Vegetables and Gravy	Margherita Pizza with Home-Baked Potato Wedges with Broccoli & Sweetcorn	Fish Fingers, Chips with Peas & Baked Beans
Main Meal Option 2	Macaroni Cheese with Broccoli, & Sweetcorn	Plant-based Spaghetti Bolognese VG	Sweet Potato and Lentil Roast, Gravy, Stuffing & Roast Potatoes with choice of Vegetables VG	Vegetable Biryani with Wholegrain Rice, Broccoli & Sweetcorn VG	Cheese Quiche with Chips, Peas & Baked Beans
Sandwiches or Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham or Pasta with Cheese or Tomato & Basil Sauce VG				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans
Dessert	Shortbread Biscuit VG	Chocolatey Orange Fudge Cake	Fruit Jelly VG	Lemon Drizzle Cake & Custard	Chocolatey Oaty Slice VG

Available Daily: Choice of Seasonal Fruit

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.