Watton Westfield PE Whole School Long Term Plan

Using the scheme Get Set 4 PE

	AUTUMN 1	SPRING 1	SUMMER 1
Nursery	**Introduction to PE** – Unit 1	**Gymnastics** – Unti 1	**Fundamentals** – Unit 1 Sports Day practise
Reception	**Introduction to PE** – Unit 2	**Gymnastics** – Unit 2	**Fundamentals** – Unit 2 Sports Day practise
Year 1	**Ball Skills** – 6 lessons **Sending and Receiving** – 6 lessons	**Gymnastics** – 12 lessons	**Fundamentals** – 6 lessons **Athletics** – 6 lessons Sports Day practise
Year 2	**Ball Skills** – 6 lessons **Sending and Receiving** – 6 lessons	**Gymnastics** – 12 lessons	**Fundamentals** – 6 lessons **Athletics** – 6 lessons Sports Day practise

	AUTUMN 2	SPRING 2	SUMMER 2
Nursery	**Dance** – Unit 1 (In class if needed due to rehearsals)	**Games** – Unit 1	**Ball Skills** – Unit 1
Reception	**Dance** – Unit 2 (In class if needed due to rehearsals)	**Games** – Unit 2	**Ball Skills** – Unit 2
Year 1	**Dance** – 12 lessons (In class if needed due to rehearsals)	**Target Games** – 6 lessons **Net / Wall Games** – 6 lessons	**Invasion Games** – 6 lessons **Striking and Fielding Games** – 6 lessons
Year 2	**Dance** – 12 lessons (In class if needed due to rehearsals)	**Target Games** – 6 lessons **Net / Wall Games** – 6 lessons	**Invasion Games** – 6 lessons **Striking and Fielding Games** – 6 lessons